Complications from residual adnexal structures following enucleation in three dogs

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Case Description—A 3-year-old neutered male Lhasa Apso (dog 1) was evaluated because of chronic swelling at an 8-month-old enucleation site, a 10-year-old spayed female Japanese Chin (dog 2) was evaluated because of chronic swelling at a 6-year-old enucleation site and chronic discharge from a 1-year-old enucleation site, and a 7-year-old spayed female Yorkshire Terrier (dog 3) was evaluated because of chronic discharge from a 3-month-old enucleation site.

Clinical Findings—In all dogs, surgical exploration revealed substantial retention of adnexal remnants within the original enucleation sites. Diagnoses of subcutaneous membrana nictitans inclusion cyst, orbital pneumatosis, and conjunctival mucocele were made in dogs 1, 2, and 3, respectively.

Treatment and Outcome—Following cyst excision, dog 1 received a short course of treatment with amoxicillin-clavulanic acid and deracoxib. There was no recurrence of clinical signs over a 2-month follow-up period. For dog 2, conjunctival tissue was excised, and the opening of the lower nasolacrimal canaliculus was cauterized. The patient received postoperative administration of deracoxib as well as orbifloxacin and clindamycin pending bacterial culture results, which were negative. There was no recurrence of clinical signs over an 8-month follow-up period. For dog 3, adnexal remnants were excised. The patient received postoperative administration of amoxicillin-clavulanic acid and meloxicam. There was no recurrence of clinical signs over a 6-month follow-up period.

Clinical Relevance—Findings in the dogs of this report highlight the need for complete removal of the ocular adnexa to minimize the risk of complications of enucleation in the long-term follow-up period. (J Am Vet Med Assoc 2011;239:1580–1583)

A 3-year-old neutered male Lhasa Apso (dog 1) was referred for evaluation of swelling and tenderness associated with the left orbital area of several weeks’ duration. Enucleation of the left eye had been performed by the referring veterinarian approximately 8 months previously, following proptosis of the globe. Ocular examination revealed that the left orbit contained a large, round, firm subcutaneous swelling that was painful on palpation. Examination of the contralateral eye revealed epiphora secondary to a clogged nasolacrimal duct, which was subsequently flushed clear without complication. The remainder of the physical examination was within normal limits.

The dog underwent general anesthesia. The hair was clipped from the surgical site, and the site was aseptically prepared in standard fashion for surgical exploration of the left orbit. A skin incision was made through the original enucleation scar with a No. 10 scalpel blade, revealing a discreet, round, fibrous mass originating from the ventromedial aspect of the orbit. The mass was bluntly dissected from the adjacent subcutaneous and orbital tissue and then transected at its basal attachment in the ventromedial aspect of the orbit. The orbit was carefully inspected and found to be free of any further visible abnormalities. Prior to closure, the orbit was copiously lavaged with dilute betadine solution, and 3-0 nylon was used in an overlaying, interrupted vertical and horizontal mattress pattern anchored in the orbital fascia to create a supportive meshwork spanning the orbital rim. The subcutaneous tissue was then closed in a simple continuous intra-dermal pattern with 4-0 polydioxanone, and the skin was closed with 3-0 nylon in a cruciate pattern. A head wrap was placed to minimize swelling in the immediate postoperative period. The patient was discharged the following day, and the owner was given instruction to administer a 1-week course of treatment with amoxicillin-clavulanic acid (13.75 mg/kg [6.25 mg/lb], PO, q 12 h) and a 4-day course of treatment with deracoxib (1.4 mg/kg [0.64 mg/lb], PO, q 24 h).

Gross inspection of the excised mass revealed a fibrous capsule containing a thick, green mucoid material. Histologic examination of the excised tissue revealed that the mass as a pseudocyst intermittently lined with conjunctival epithelium and containing a cartilaginous fragment within its fibrous wall. There was no evidence of a septic process. The presence of cartilage within the cyst wall suggested that the cyst arose from subcutaneous inclusion of incompletely excised nictitans remnants during the initial surgery. According to the owner via a telephone conversation approximately 2 months after this surgery, the patient was comfortable and there had been no return of orbital swelling. The patient was lost to further follow-up.

A 10-year-old spayed female mixed-breed Japanese Chin (dog 2) was admitted for examination of bilateral enucleation sites. The right globe had been removed by the referring veterinarian on an emergency basis follow-
ing a traumatic injury approximately 6 years earlier. Over the ensuing 6 years, the site was noted to have intermittent, nonpainful, fluctuant swelling. The owner reported that with warm compresses and moderate pressure, deflation of the site would occur, and a whistling sound could be heard when air escaped the orbit. A pinpoint hole in the skin overlying the orbit was also noted to intermittently be present. Three months earlier, an episode of swelling associated with purulent discharge from a draining tract overlying the orbit was noted. Aspiration of the orbital swelling by the referring veterinarian was consistent with an orbital abscess, and the patient was successfully treated with amoxicillin-clavulanic acid and warm compresses. However, swelling later recurred. Examination of the orbit revealed nonpainful, fluctuant, subcutaneous swelling of the right orbital region. Gentle pressure applied to the swollen area resulted in a reduction in the size of the swelling. No discharge was noted from the nares or orbital region.

The left globe had been removed approximately 1 year earlier on an emergency basis following trauma. Examination of the enucleation site revealed intact palpebral margins overlying a shallow conjunctival sac containing a small amount of dried, green purulent discharge. The owner reported routine diligence in maintaining cleanliness of the periocular skin and declined medical management. At the time of the patient’s discharge, the owner was given instructions to administer a 4-day course of treatment with amoxicillin-clavulanic acid (22.7 mg/kg, PO, q 24 h) pending bacterial culture results. Bacterial culture results subsequently yielded no growth. At the time of the patient’s discharge, the owner was also given instructions to administer a 4-day course of treatment with clindamycin (5 mg/kg, PO, q 24 h) and trimethoprim-sulfonamide (2.2 mg/kg, PO, q 12 h). The patient was discharged, the owner was given instructions to administer broad-spectrum antimicrobial therapy with trimethoprim-sulfonamide (2.2 mg/kg, PO, q 12 h) for postoperative pain control.

The results of surgical exploration supported that the fluctuant swelling was caused by orbital pneumato-sis secondary to failed ablation of the lower nasolacrimal canaliculus at the initial surgery. At recheck examination 2 weeks after surgery, the surgical site appeared to be healing normally. At approximately 8 months after surgery, at the time of telephone follow-up, the owner reported that there had been no recurrence of swelling within the right orbit. However, the owner reported an episode of bacterial conjunctivitis within the intact left conjunctival sac that had been managed by the referring veterinarian.

A 7-year-old spayed female Yorkshire Terrier (dog 3) was admitted for evaluation of persistent discharge from an enucleation site. The right eye had been enucleated 3 months prior to admission, following proptosis incurred during a dog fight. The owner reported that although there was no swelling or tenderness of the surgical site after the first week following surgery, a clear liquid discharge had been noted to be leaking from the medial aspect of the incision since that time. A course of treatment with oral administration of antimicrobials had failed to effect improvement.

At the time of evaluation, the patient was bright and alert. The right orbit was palpably normal with the exception of a clear viscous fluid elicited from the medial aspect of the enucleation scar through a pinpoint hole in the skin. Cytologic examination of the fluid revealed an acellular material with no evidence of infectious organisms. Examination of the contralateral eye and orbit was within normal limits with the exception of an immature posterior cortical cataract.

Surgical exploration of the right orbit was performed 1 month after initial evaluation. The site was shaved and prepared in standard aseptic fashion. Following incision of the skin, a small amount of dried, green purulent discharge had been managed by the referring veterinarian. Aspiration of the orbital swelling by the referring veterinarian was consistent with an orbital abscess, and the patient was successfully treated with amoxicillin-clavulanic acid and warm compresses. However, swelling later recurred. Examination of the orbit revealed nonpainful, fluctuant, subcutaneous swelling of the right orbital region. Gentle pressure applied to the swollen area resulted in a reduction in the size of the swelling. No discharge was noted from the nares or orbital region.

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Discussion

Ocular enucleation is commonly performed for the end-stage treatment of blind animals with signs of eye pain that are not amenable to other treatments. The most common short-term complications of enucleation are hemorrhage and edema. Although rare, postoperative infection must be considered as a potential short-term complication of enucleation, particularly in instances of preexisting ocular infection. Contralateral blindness resulting from damage to the optic chiasm has also been reported and is of particular concern in cats.3-7

Complications of enucleation arising in the long-term follow-up period are less commonly reported. In the 3 dogs of the present report, enucleation resulted in long-term complications necessitating a second surgery. In each affected dog, the initial surgery had been performed on an emergency basis.

To our knowledge, dog 1 (the Lhasa Apso) represents the first reported case of a membrana nictitans epithelial inclusion cyst following enucleation. Incomplete excision of the membrana nictitans and subsequent subcutaneous inclusion of epithelial remnants resulted in the formation of a cyst and patient discomfort, which necessitated surgical excision. Although incomplete excision of conjunctival or glandular epithelium is recognized as a risk factor for cyst formation, some published accounts of enucleation technique suggest that retention of some conjunctival tissue is acceptable.1,3 Findings in dog 1 clearly demonstrate the need for complete removal of adnexal tissues as well as careful identification and apposition of tissue planes during incisional closure.

For dog 2 (the Japanese Chin with orbital pneumatosis), most of the conjunctival tissue was left within the orbit. Retention of the conjunctiva within the orbital cavity resulted in an attendant accumulation of secretory material within this space and likely contributed to failed obliteration of the lower nasolacrimal canaliculus by preventing the normal scarification that is expected to occur when the nasolacrimal canaliculi are transected during removal of the conjunctival tissue. The chronic infection of this site may have been the result of ascending infection through the patent nasolacrimal duct, as a reversing valve effect created by pressure occlusion of nasolacrimal punctum or canaliculus likely is present in instances of orbital pneumatosis. Regardless of the results of a Jones test, surgical exploration of the orbit is indicated in dogs with persistent pneumatosis. If an orifice communicating with the nasolacrimal duct is identified, ligation is recommended.3,4 In the dog of the present report, electrocautery of this orifice was performed, with no recurrence of orbital emphysema over an 8-month follow-up period. In 1 report8 of a dog in which no such orifice could be found, wide resection of the eyelid tissue resulted in resolution of orbital emphysema.

In the contralateral orbit of dog 2 of the present report with orbital pneumatosis, the globe had been removed, leaving eyelids and conjunctiva intact. Although there were no severe long-term consequences, the owner reported 1 episode of bacterial conjunctivitis requiring medical treatment, and the orbit was unsightly in appearance and required regular cleaning by the owner to remove secretory debris. Therefore, it is the opinion of the authors that this technique should be avoided.

In dog 3 of the present report, conjunctival remnants were left within the orbit following removal of the globe. The secretory products of this tissue resulted in the persistent discharge noted by the owner. We surmise that this fluid did not accumulate substantially within the orbit because of the intact nasolacrimal drainage system. In addition, failure to completely resect the eyelid margin led to the small area of nonunion through which this fluid was noted to drain by the owner.

In the dogs described herein, long-term complications arose following enucleation of globes on an emergency basis, which necessitated a second surgery for each patient. Although it is unknown whether this was a substantial factor influencing the surgical outcome of these dogs, it is the opinion of the authors that only rarely is it necessary for enucleation to be performed on an after-hours emergency basis, as most conditions for which enucleation is indicated may be palliatively managed on a temporary basis with anesthetic medications, antimicrobials, and other supportive care as indicated until surgery is performed.

In the author’s practice, the transpalpebral technique for enucleation is performed because it obviates the need to resect conjunctiva or membrana nictitans in additional surgical steps as the globe, conjunctiva, and nictitating membrane are removed en bloc with this procedure. This makes the transpalpebral technique an expedient procedural choice to minimize the risk of long-term complications from inadvertent retention of adnexal or secretory tissues within the enucleation site. Although suturing of the eyelid margins is classically described as the initial surgical step for this technique, a time-saving alternative involves clamping the lid margins together with 3 or 4 Allis tissue forceps. When a surgeon is faced with enucleation of a proptosed globe, vitreal aspiration may be used to deflate the globe and facilitate its easy replacement into the orbital cavity, thus allowing the surgeon to proceed with a transpalpebral technique.

An orbital meshwork was used in the dogs of the present report to minimize postoperative cavitation of a Jones test may be performed by injecting fluorescein dye into the orbital cavity3,4 and assessing its drainage from the nose. However, a negative Jones test result may not definitively rule out a patent nasolacrimal duct, as a reversing valve effect created by pressure occlusion of nasolacrimal punctum or canaliculus likely is present in instances of orbital pneumatosis.3 Regardless of the results of a Jones test, surgical exploration of the orbit is indicated in dogs with persistent pneumatosis. If an orifice communicating with the nasolacrimal duct is identified, ligation is recommended.3,4
the enucleation site. Implantation of an orbital prosthesis in the form of a silicone or methyl methacrylate sphere is also considered to be a safe means of achieving postoperative cosmesis; however, in some circumstances, complication rates may be higher when prosthetics are used. In a study comparing the outcome of silicone prosthesis implantation with orbital meshwork implantation, the reported extrusion rate was 20% in cats and approximately 1% in dogs receiving silicone prostheses. There were no complications in cats and dogs receiving an orbital meshwork; however, an insufficient number of cases were evaluated to draw firm conclusions about the success of the orbital meshwork procedure. Complication rates for methyl methacrylate prostheses have been reported to be as high as 40% in cats and 4.1% in dogs. 11 In the authors’ practice, the orbital meshwork technique is chosen to minimize the risk of complications such as extrusion and rotation that may occur with prostheses. Given the lack of definitive data on the success rate of the meshwork procedure and the low incidence of prosthesis-related complications in dogs, this is a subjective decision based on surgeon preference. Findings in the dogs of the present report highlight the need for complete removal of the eyelid margins, conjunctiva, nictitating membrane, and adnexal tissues at the time of enucleation to minimize the risk of adverse consequences such as failed incisional closure, pneumonia, and cyst formation in the long-term follow-up period.

References

From this month’s AJVR

Anesthetic induction with guaifenesin and propofol in adult horses
Robert J. Brosnan et al

Objective—To evaluate whether guaifenesin can prevent adverse anesthetic induction events caused by propofol and whether a guaifenesin-propofol induction combination has brief cardiovascular effects commensurate with rapid drug washout.

Animals—8 healthy adult horses.

Procedures—Guaifenesin was administered IV for 3 minutes followed by IV injection of a bolus of propofol (2 mg/kg). Additional propofol was administered if purposeful movement was detected. Anesthesia was maintained for 2 hours with isoflurane or sevoflurane at 1.2 times the minimum alveolar concentration with controlled normocapnic ventilation. Normocapnia was maintained via a dobutamine infusion. Plasma concentrations of propofol and guaifenesin were measured every 30 minutes.

Results—Mean ± SD guaifenesin and propofol doses inducing anesthesia in half of the horses were 73 ± 18 mg/kg and 2.2 ± 0.3 mg/kg, respectively. No adverse anesthetic induction events were observed. By 70 minutes, there was no significant temporal change in the dobutamine infusion rate required to maintain normocapnia. Plasma concentrations of propofol and guaifenesin were measured every 30 minutes.

Conclusions and Clinical Relevance—Guaifenesin prevented adverse anesthetic induction events caused by propofol. Guaifenesin (90 mg/kg) followed by propofol (3 mg/kg) should be sufficient to immobilize > 95% of calm healthy adult horses. Anesthetic drug washout was rapid, and there was no change in inotropic requirements after anesthesia for 70 minutes. (Am J Vet Res 2011;72:1569–1575)