Evaluation of computed tomographic anatomy of the equine metacarpophalangeal joint

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Objective—To determine the detailed computed tomography (CT) anatomy of the metacarpophalangeal (MCP) joint in healthy horses.

Sample Population—10 cadaveric forelimbs from 10 adult horses without orthopedic disease.

Procedures—CT of the MCP joint was performed on 4 forelimbs. In 1 of the limbs, CT was also performed after intra-articular injection of 30 mL of contrast medium (40 mg of iodine/mL). Transverse slices 1-mm thick were obtained, and sagittal and dorsal planes were reoriented with a slice thickness of 2 mm. The CT images were matched with corresponding anatomic slices from 6 additional forelimbs.

Results—The third metacarpal bone, proximal sesamoid bones, and proximal phalanx could be clearly visualized. Common digital extensor tendon; accessory digital extensor tendon; lateral digital extensor tendon; superficial digital flexor tendon (including manica flexoria); deep digital flexor tendon; branches of the suspensory ligament (including its attachment); extensor branches of the suspensory ligament; collateral ligaments; straight, oblique, and cruciate distal sesamoidean ligaments; intersesamoidean ligament; annular ligament; and joint capsule could be seen. Collateral sesamoidean ligaments and short distal sesamoidean ligaments could be localized but not at all times clearly identified, whereas the metacarpo-interosseous sesamoidean ligament could not be identified. The cartilage of the MCP joint could be assessed on the postcontrast sequence.

Conclusions and Clinical Relevance—CT of the equine MCP joint can be of great value when results of radiography and ultrasonography are inconclusive. Images obtained in this study may serve as reference for CT of the equine MCP joint. (Am J Vet Res 2008;69:631–638)
bolic subchondral bone changes. Standing low-field MRI performed with an open magnet can also be used and does not require general anesthesia, cases patient handling, and reduces the costs but results in lower resolution, longer imaging times, and requires the use of motion correction software.

Computed tomographic arthrography of normal and diseased cartilage in the equine MCP joint, the subchondral bone density and cartilage degeneration patterns in osteoarthritic metacarpal condyles, and CT-angiography of the distal portion of the forelimb have been described. Recently, intra-arterial contrast-enhanced CT of the distal portion of the limbs in horses has also been reported, but to our knowledge, the CT anatomy of the normal equine MCP joint has not been published. The objective of the study reported here was to provide a detailed CT reference for the equine MCP joint.

Materials and Methods

**Animals**—Four adult horses (mean age, 13 years) euthanatized for reasons unrelated to the musculoskeletal system were studied. The horses were euthanatized with a combination of embutramide, mebenzonium-iodide, and tetracaine hydrochloride (4 to 6 mL/50 kg) injected IV via the vena jugularis.

Following euthanasia, 1 forelimb of each horse was severed at the level of the elbow joint. The 4 forelimbs had a normal appearance, and no abnormal findings were found on palpation. A standard radiographic examination (lateromedial, dorsopalmar, dorsolateral-palmaromedial oblique, and dorsomedial-palmarolateral oblique views) of the MCP joint of the 4 cadaveric forelimbs was made to confirm the absence of abnormal findings.

**CT examinations**—The CT examination of the MCP joint was obtained within 24 hours after euthanasia. The CT scans were performed with a 16-detector row CT scanner in which the limbs were placed in the gantry to obtain transverse slices with the long axis of the limb parallel to the CT table. First, a scout image (120 kV, 160 mA) was performed to check for symmetry and to ensure that the entire region to be examined was included in the image. The forelimbs were scanned in a distal-to-proximal direction. Acquisition variables were 120 kV and 160 mA, 0.75-mm collimation, 0.6-mm increment, 1-second rotation time, a pitch of 0.85-1, field of view of 20 cm, matrix size of 512 x 512, and a pixel size of 0.39 mm. Transverse CT scans of 1-mm thickness were reconstructed from the proximal part of the palmar recess of the MCP joint to the proximal interphalangeal joint. The total time required for scanning of each forelimb was dependent on the length to be scanned and varied from 41.28 to 42.58 seconds. High–spatial-resolution kernel (U70u) for images visualized by use of bone windows and low–spatial resolution (U30u) for images visualized by use of soft tissue windows settings were used. All images were reformatted from the same and unique data acquisition.

In 1 forelimb, an intra-articular injection of 30 mL of an iodinated (40 mg of I/mL) contrast medium was performed to obtain a positive-contract arthrograph of the MCP joint, and a new acquisition was obtained by use of the same variables.

All data were stored. From the images obtained before contrast medium administration, 2-mm thick (0.6-mm increment) sagittal and dorsal slices were reformatted by use of software. Sagittal and dorsal images from all 4 forelimbs were reviewed by the use of a bone setting (WW = 3,200 HU; WL = 700 HU) and a soft tissue setting (WW = 280 HU; WL = 120 HU). Transverse planes were also reformatted from the transverse acquisition with a slice thickness of 2 mm (0.6-mm increment) and analyzed with a soft tissue setting (WW = 280 HU; WL = 120 HU). This was done to decrease the image noise present on the transverse images with a slice thickness of 1 mm. From the images obtained after contrast medium administration, sagittal and dorsal reconstructions were made and analyzed with a bone setting (WW = 3,200 HU; WL = 700 HU).

**Comparison of CT and anatomic images**—Six forelimbs of horses euthanatized for reasons unrelated to the musculoskeletal system were used to make the anatomic sections. For euthanasia, the same protocol was used. Radiographic examination of the MCP joint of the anatomic specimens prior to sectioning was performed to confirm the absence of abnormal findings. Before making anatomic sections, the MCP joint was punctured with a 16-gauge needle and the synovial fluid was aspirated when present. The MCP joint was filled with a yellow pigment. The limbs were frozen for at least 48 hours at –18°C, and each limb was cut in various planes (sagittal, dorsal, and transverse) in approximately 5- to 10-mm thick slices with an electric band saw. Consequently, 6 forelimbs were necessary to produce the reference images. All anatomic sections were photographed. For each anatomic slice, a corresponding CT image was chosen on the basis of similar appearance. Bone and soft tissue structures were identified on the anatomic sections and were subsequently located on the corresponding CT images. In addition, a published atlas was consulted.

**Results**

Nine precontrast CT images (bone window with the corresponding soft tissue window) were selected (Figure 1) and matched with their corresponding anatomic section: 6 in a transverse plane (Figure 2), 2 in a dorsal plane (Figure 3), and 1 in a sagittal plane (Figure 4). Three postcontrast CT images were selected: 1 in a transverse and 2 in a sagittal plane (Figure 5).

With image WW and WL settings (WW = 3,200 HU; WL = 700 HU) adjusted for bone, all bone structures, including the diaphysis of MCIII, the condyles and the sagittal ridge of MCIII, the collateral fossae, the proximal sesamoid bones, and the proximal phalanx, were seen on transverse-, sagittal-, and dorsal-plane images. All images had excellent delineation between the cortex and medulla of the bones, and the trabecular structure was well depicted. Sagittal images allowed a detailed evaluation of the contour of the sagittal ridge and both condyles. The MCP joint could be evaluated in detail from the dorsal to palmar surface on the dorsal reconstructions.
The soft tissue structures that could be identified and evaluated on the different soft tissue window planes (WW = 280 HU; WL = 120 HU) included the common digital extensor tendon; accessory digital extensor tendon; lateral digital extensor tendon; SDFT (including manica flexoria); DDFT; branches of the suspensory ligament (including its attachment); extensor branches of the suspensory ligament; collateral ligaments; straight, oblique, and cruciate distal sesamoidean ligaments; intersesamoidean ligament; annular ligament; and the joint capsule (including the proximal synovial pad). The collateral sesamoidean ligaments and the short distal sesamoidean ligaments could be seen but not always clearly identified. The metacarpointerioresamoidean ligament could not be identified.

The common and lateral digital extensor tendons were oval shaped on the transverse images and clearly seen. Between the common and lateral digital extensor tendons, a small oval structure was present and identified as the accessory digital extensor tendon. The extensor tendons were hyperattenuating, compared with the dorsal aspect of the joint capsule. The transverse images were best suited to identify the extensor tendons. The dorsal aspect of the joint capsule of the MCP joint, including the proximal synovial pad (a fold of fibrous connective tissue located in the dorsal recess of the joint capsule at its attachment to MCIII), could be seen as a hypoattenuating zone between the extensor tendon and the dorsodistal aspect of MCIII. The joint capsule could be best identified on the transverse and sagittal reconstructions.

The lateral and medial collateral ligaments are composed of a superficial and a deep part. The superficial part originates proximally at the distal metacarpal shaft and attaches on the proximolateral-medial aspect
of the proximal phalanx, running vertically. The triangular deep part begins at the abaxial condylar fossa and runs obliquely in a palmarodistal direction and inserts on the proximal phalanx and the proximal sesamoid bone. The superficial and deep parts of the collateral ligaments were best evaluated on the transverse and dorsal reconstructions. It was not possible to differentiate the soft tissue components of the superficial and deep parts. However, their separate sites of attachment were readily identified.

The lateral and medial collateral sesamoidean ligaments course from the abaxial surface of the proximal sesamoid bones to MCIII and the tuberosity of the proximal phalanx. These ligaments are superficial to the superficial part of the collateral ligaments and to the extensor branches of the suspensory ligament, which were hyperattenuating, compared with the collateral ligaments and the collateral sesamoidean ligaments. The collateral sesamoidean ligaments could be seen on the transverse images. On the dorsal images, the collateral sesamoidean ligaments could not be seen.

The flattened SDFT (on transverse images) was smoothly marginated, and its margins were clearly demarcated on the transverse, dorsal, and sagittal reconstructions. Proximal to the MCP joint, the manica flexoria of the SDFT, surrounding the DDFT, was clearly visualized. The DDFT, oval-shaped at the level of the MCP joint and bi-lobed in the proximal interphalangeal region, was seen in the 3 planes like the SDFT: smoothly marginated and with borders clearly differentiated. The SDFT and DDFT were denser, compared with the straight distal, oblique, cruciate, and short distal sesamoidean ligaments in the transverse, sagittal, and dorsal planes.

The lateral and medial branches of the suspensory ligament were round and became more trapezoid-shaped as they inserted at the apical and abaxial border of the proximal sesamoid bone. Both branches and the insertion of the suspensory branches at the proximal sesamoid bones were
readily identifiable and well defined on the 3 reconstructions. The extensor branches of the suspensory ligament were hyperattenuating structures, compared with the surrounding structures, and could be best seen on the transverse and dorsal reconstructions. Between the 2 proximal sesamoid bones, the intersesamoidean ligament and fibrocartilage of the intersesamoidean ligament were well seen and had a homogeneous appearance. Between the 2 branches of the suspensory ligament and proximal sesamoid bones was the proximal palmar synovial recess of the MCP joint. This synovial recess had a heterogeneous appearance, compatible with fat, likely because of the synovial folds and synovial fluid. The thin annular ligament lying immediately under the skin and attaching to the abaxial surfaces of both proximal sesamoid bones could as well be identified and was seen on the sagittal and transverse planes.

The straight distal sesamoidean ligament originates from the base of the proximal sesamoid bones and the intersesamoidean ligament and inserts distally on the second phalanx where it forms, with the SDFT, the scutum medium. Proximally, the straight distal sesamoidean ligament had a trapezoidal shape; in the middle, a rectangular to square shape; and distally, became oval. Proximally, the clearly visible trapezoidal straight sesamoidean ligament had a homogeneous appearance and its borders were well demarcated. The middle part of the straight sesamoidean ligament had a heterogeneous appearance (Figures 2–4) and was poorly outlined. Running distally, the straight sesamoidean ligament was well defined and clearly outlined. On the sagittal and dorsal reconstructions, the origin and insertion of the straight sesamoidean ligament was clearly visualized.

The oblique distal sesamoidean ligament, which has 3 parts (lateral, sagittal, and medial), had separate origins from the base of the medial and lateral proximal sesamoid bones and the intersesamoidean ligament and attached on the palmar surface of the proximal phalanx. The oblique distal sesamoidean ligaments had a heterogeneous appearance. At the proximal part of the proximal phalanx, the lateral and medial oblique distal sesamoidean ligaments were well defined, although the separation with the short distal sesamoidean ligaments was rather difficult to discern. Differentiation between the sagittal part of the oblique distal sesamoidean ligament and the straight distal sesamoidean ligament was possible on the sagittal reconstruction. However, on the transverse planes, the sagittal part of the oblique distal sesamoidean ligament was not distinguishable from the straight distal sesamoidean ligament. In the middle of the proximal phalanx the oblique distal sesamoidean ligaments appeared as small triangular structures deep to the straight distal sesamoidean ligament adjacent to the bony surface of the proximal phalanx. The oblique distal sesamoidean ligaments were best evaluated on the transverse, sagittal, and dorsal reconstructions.

The cruciate distal sesamoidean ligaments lying under the straight and the oblique distal sesamoidean ligaments crossed from the axial part of the base of the proximal sesamoid bones to the contralateral
axial aspect of the palmar proximal phalanx, forming the palmar wall of the palmarodistal recess of the MCP joint. The cruciate distal sesamoidean ligaments were best evaluated on the transverse plane. On the sagittal reconstructions, the differentiation between the cruciate, oblique, and straight distal sesamoidean ligaments could not be made at the origin site on the base of the proximal sesamoid bones.

The short distal sesamoidean ligaments extend from the dorsal aspect of the base of the proximal sesamoid bones to the palmar margin of the articular surface of the proximal phalanx. The short distal sesamoidean ligaments were quite difficult to identify, resulting from the difficulty to differentiate them from the oblique sesamoidean ligaments. The separation between the short and oblique distal sesamoidean ligaments was best seen on the transverse images, although it was difficult to discern. The short distal sesamoidean ligaments were not recognizable as separate from the oblique sesamoidean ligaments in the sagittal planes.

The metacarpophalangeal sesamoidean ligament originates on the palmar distal aspect of MCIII and fuses with the intersesamoidean ligament. This ligament could not be identified.

The smooth cartilage of the MCP joint could be clearly assessed on the postcontrast transverse sequences. The cartilage of the dorsal and palmar aspect of MCIII and of the articular surface of the proximal sesamoid bones could be well identified. The cartilage at the most distal part of the sagittal ridge and the conodes of MCIII and the cartilage of the proximal phalanx were difficult to see or was even not visible on the transverse, sagittal, and dorsal planes. The proximal synovial pad of the articular capsule could be clearly assessed on the sagittal and transverse postcontrast images.

Discussion
The present investigation was carried out to characterize the anatomic features of the MCP joint in horses by use of multidetector row CT. Multidetector row CT, compared with conventional axial CT, substantially improves visualization of small structures. Improvements are attributed to the thinner collimation, faster scanning, higher spatial resolution, decrease in noise, and larger number of images generated during the same scanning time. Results of the study indicated that not only the bony structures but also the clinically important soft tissue structures could be well identified by use of CT. Computed tomography has proven its usefulness in the diagnosis of subchondral bone cysts, osteomyelitis of the axial border of the proximal sesamoid bones, condylar fractures, palmar subchondral bone lesions, and small osteochondral fragments. Computed tomography is an excellent imaging modality for evaluation of bony structures. In the present study, CT provided excellent discrimination between the cortex and medulla of MCIII, the proximal sesamoid bones, and the proximal phalanx.

A difference in bone density distribution in relation to the imputed compressive load path is present between trained 2-year-old Thoroughbred racehorses and untrained horses. A zone of increased density (sclerosis) extends from the distopalmar aspect obliquely across the epiphysis to its dorsoproximal surface, leaving an area of lesser density at the most dorsodistal aspect of the condyle in trained horses. The most radiodense bone is located in the subchondral and underlying regions of the palmar aspect of both condyles, whereas bone deep to the sagittal ridge on the palmar aspect is less dense in Thoroughbred racehorses.

In normal condyles, the palmar aspect of the lateral condyle is denser, compared with the medial condyle; in condyles affected by osteoarthritis, the dorsal aspect and medial condyle have the most dense bone. This pattern, which occurs in trained Thoroughbred racehorses, was not observed in horses in this study probably because we used nonracehorses of a mean age of 13 years.

Detailed views of the soft tissue structures were attainable by use of the correct window setting (WW = 280 HU; WL = 120 HU). The dorsal and sagittal planes were reconstructed with a slice thickness of 2 mm for visualization of the soft tissues. The transverse planes were reformatted from the transverse acquisition (thickness, 1 mm) with a slice thickness of 2 mm. This was done to decrease the image noise present on the transverse images with a slice thickness of 1 mm.

The accessory digital extensor tendon arises lateral to the common digital extensor muscle at the level of the carpus and joins the lateral digital extensor tendon at the level of MCIII thus lying medial, near midline relative to the lateral digital extensor tendon. However, it is not an uncommon finding that this small tendon remains separate and continues just to the proximal phalanx. In 3 of the 4 forelimbs, the accessory digital extensor tendon was still present at the level of the MCP joint.

The straight distal sesamoidean ligament had a heterogeneous appearance in its middle portion, compared with its appearance at the origin and insertion. The oblique distal sesamoidean ligaments also had a heterogeneous appearance throughout their length. This is, in both ligaments, the result of loose connective tissue fibers (including adipose tissue) between the ligament fibers. The heterogeneous appearance of the straight distal sesamoidean ligament was also probably attributable to relaxation of the ligament when the foot is not in a weight-bearing position, and this should not be misinterpreted as a lesion. If there is doubt regarding the presence of a lesion, intra-arterial contrast-enhanced CT can be performed. Because of the heterogeneous appearance of the straight distal sesamoidean ligament, the sagittal part of the oblique distal sesamoidean ligament was almost not distinguishable from the straight distal sesamoidean ligament.

Differentiation between the superficial and deep parts of the collateral ligaments of the MCP joint could not be made. Because of their attachment sites, separation at those sites was a possibility. This is in agreement with results of CT of the carpus, where the separation of the collateral ligaments could also not be detected, and with results of MRI of the collateral ligaments of the tarsus (other than known origin and insertion points). In contrast, by use of CT, the distinction of the medial and lateral collateral ligaments into a short
and long division at the tarsus was made.28 Differentiation between the cruciate, oblique, and straight distal sesamoid ligaments and between the short and oblique sesamoid ligaments at their origin site on the proximal sesamoid bones could not be made on the sagittal reconstructions as well as differentiation between the sagittal part of the oblique distal sesamoid ligament and straight distal sesamoid ligament on the transverse planes and between the collateral sesamoid ligaments and superficial part of the collateral ligaments. Differentiation between the short and oblique distal sesamoid ligaments on the transverse images was difficult. Separation of structures with the same density, such as the short, cruciate, oblique, and straight sesamoid ligaments; the superficial and deep part of the collateral ligaments; and the collateral sesamoid ligaments with the superficial part of the collateral ligaments, remains difficult with CT.10

In a previous study29 of MRI of the MCP joint, the sagittal plane was chosen rather than the transverse or dorsal planes because it was believed to contain more tissue types than would the other 2 planes and because sagittal planes provided information about the tissues in an orientation more recognizable than transverse images. Previous studies27,30 involving MRI of the tarsus and foot revealed that the sagittal and the transverse planes provided the most complete visualization of the most clinically important anatomic structures. This is in agreement with our study for most structures of the MCP joint. However, in our study, the dorsal reconstructions were useful for evaluation of the collateral ligaments and the attachment sites of the straight distal and oblique distal sesamoid ligaments on the proximal sesamoid bones.

The cartilage of the MCP joint can be visualized by use of CT arthrography, although the sensitivity of the visualization of artificial cartilage lesions was as low as 31%, depending on the location (dorsal part of MCIII, palmar part of MCIII, or sesamoid bones) and the size (superficial cartilage lesions vs cartilage lesions with subchondral bone involvement) of the lesions in cadavers, and 58% in patients.4 By use of MRI, the sagittal plane was the most useful for evaluation of the articular cartilage of the distal aspect of the metacarpus, the proximal portion of the proximal phalanx, and the dorsal margin of the proximal sesamoid bones.29 In our CT investigation, the transverse and sagittal planes were useful for identification of cartilage. The cartilage at the most distal part of the sagittal ridge and the condyles and the cartilage of the proximal phalanx were difficult to see or not visible in the transverse, sagittal, and dorsal planes. This was probably attributable to the decrease in thickness of cartilage from proximal (approx 1 mm) to distal (approx 0.5 mm),31 which leads to insufficient resolution at that level.

The choice of the best imaging plane is certainly determined by the clinical findings. Ideally, all 3 planes (transverse planes and sagittal and dorsal reconstructions) should be acquired or reformatted for a complete CT examination of the MCP joint.

Computed tomography allowed a full assessment of the MCP joint because of the good soft tissue and bone images that were obtained at the same time. Therefore, knowledge of the normal anatomy is essential, and results of the present study could be used as a basis for evaluation of CT images of the limbs of horses with MCP joint injuries.

References